

WTKA

KARATE SELF DEFENCE

COMPETITION RULES

ARTICLE 1. COMPETITION RULES

1.1. The performances are completely free.

1.2. The maximum time for performance is 3 minutes.

1.3. Teams will be composed from 2 to 10 competitors.

1.4. Teams can be composed by men and women at the same time (Mixed Team are allowed).

ARTICLE 2. CRITERIA FOR DECISION

2.1. The most important criteria for judgement will be:

- Realism for the situation shown.
- Concreteness and efficacy.
- Kime.
- Power control.
- Contraction and relaxation control.
- Speed and rhythm control.
- Movements coordination.

ARTICLE 3. PENALTY

3.1. For a momentary hesitation, quickly remedied, 0.1 should be deducted from the final score.

3.2. For a momentary but discernible pause, 0.2 points should be deducted from the final score.

3.3 For a momentary imbalance, quickly remedied, from 0.1 to 0.2 points should be deducted from the final score.

ARTICLE 4. DISQUALIFICATION

4.1. Execution is out Karate Self Defence Spirit and Rules.

4.2. Team behaviour is out or against Karate rules.

4.3. One or more Team members use bad words against the other Team members.

4.3 Team members wear indecorous dress.

- Disqualification will be announced by Chief Judge. When score will be asked, 0.0 will be shown by all Judges.

ARTICLE 5. DRESS CODE

5.1. White karate gi (jacket and trousers) unmatched white jacket and black trousers or black jacket and white trousers.

5.2. No writing or logo advertising commercial products may be worn.

5.3. Symbols or logos expressing owns style over the jacket can be worn left side chest.

ARTICLE 6. OFFICIALS

6.1. 5 official judges will be designed for each area.

6.2. All Teams will perform the 1st round.

6.3. For the 1st round, a score between 7,00 and 9,00 will be given to the Teams.

6.4. On the 5 different scores, Judges remove the highest score and the lowest one. Then Judges add the 3 remained scores: final score.

6.5. The official judges have whole authority on their judgement and no claim will be received.